

EPA handy tips

Everyone must do 2 EPAs per 6 months FTE rotation*

Stage 1

- Must complete ST1-GEN-EPA5 & ST1-GEN-EPA6 to progress to Stage 2
- Can also complete any Stage 2 general psychiatry or psychotherapy EPAs
- In *exceptional circumstances* can do any other Stage 2 EPAs with DOT approval

*Exception to the 2 EPAs/rotation rule can *only* apply to the *first* Stage 1 rotation, i.e. a trainee can pass their very first 6 month FTE rotation without completing 2 EPAs

Stage 2

- Must complete the 2 CAP and 2 CL EPAs in CAP and CL rotations respectively
- Must complete the 2 POA and 2 ADD EPAs, which can be done in any rotation to progress to Stage 3
- **Must do the associated EPAs in the area of practice rotation**
E.g. if in an *adult rotation* must do any *2 adult EPAs*, if enrolled in a *2nd* 6 month FTE adult rotation, then may complete *any* EPAs (general psychiatry/psychotherapy etc.)
- Must complete the 4 general psychiatry EPAs: ST2-EXP-EPA1, ST2-EXP-EPA2, ST2-EXP-EPA3 & ST2-EXP-EPA5 *in addition* to the rotational EPAs, to progress to Stage 3
- Must complete 2 out of 3 psychotherapy EPAs to progress to Stage 3

Stage 3

- Must be in Stage 3 to do Stage 3 EPAs
- FELL (Fellowship) EPAs can be done in *any* rotation
- Must be in relevant area of practice rotation to do AOP (area of practice) EPAs

Extras

- EPAs cannot be repeated
- Training at <1.0 FTE must do 1 EPA per 6 calendar months
- DOT approval is required to do more than 6 EPAs/rotation